

TTT Presents-

John Moyer, LPC



John Moyer is a Licensed Professional Counselor with over 15 years of experience in the mental health field. The emphasis of all the therapeutic work that John does is on restoration and recovery. John has particular expertise working with children, teens, and adults who have had traumatic experiences in the form of physical, sexual, and/or emotional abuse. He finds play therapy to be an effective way of working with children who have experienced abuse or neglect, and works closely with the parents of his child clients in order to maximize the

healing effects of therapy. John also provides therapy to children, teens, and adults experiencing a wide range of emotional challenges including: anxiety; depression; poor self-esteem; disruptive behaviors; ADHD; anger management; and recovery from a loss or from a significant life transition.

In addition to his work as a therapist, John happens to be a well-known photographer in the Pittsburgh area documenting the restoration and recovery of Nine Mile Run, an urban stream and wetland ecosystem. In John's own words: "I find that the healing of the ecosystem mirrors my own growth and development just as it reflects the therapeutic work my clients do on a daily basis. It takes a lifetime of caring and nurturing, of returning again and again, to restore something closer to the way it was meant to be."

<https://newdirectionspgh.com/team/john-moyer-lpc/>

John also writes a blog and is preparing his memoir. You can find him here-

john moyer, LPC

@JOHNMOYERLPC

Psychotherapist specializing in abuse, neglect, misattributed parentage. I use ChatGPT to help organize my thoughts. <https://mastodon.online/@moyertherapy>

JEMOYER



John Moyer

By john moyer, LPC

Mental Health, Psychology, Family Trauma

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