



CONTACT INFORMATION

41 West St., 4th Floor

Boston, MA 02111

Business Line: (617) 536-2460

info@samaritanshope.org

RESOURCE LIST

To learn more...

- [Zero Suicide Project](#)
- [Question, Persuade, Refer](#)
- [Stanley Brown Safety Plan](#)
- [SPRC Counseling on Access to Lethal Means \(CALM\) Training](#)
- [Collaborative Assessment and Management of Suicidality \(CAMS\)](#)
- [American Association of Suicideology \(AAS\)](#)
- [Nock Lab - Harvard University](#)
- [NSPL](#)
- [Samaritans, Inc.](#)
- [Samaritans Southcoast](#)
- [Samaritans on Cape Cod & the Islands](#)

- [Samaritans of Merrimack Valley](#)
- [Call2Talk](#)

Resources *for* Boston Residents

- Boston Emergency Services Team (B.E.S.T.)
 - 1-800-981-HELP
 - 24-hour service by Master's level clinicians and physicians specializing in psychiatric crises
- Emergency Services Program Mobile Crisis Intervention
 - 1-877-382-1609
 - Enter your zip code to get your local Emergency Services Program provider

Resources *for* North Shore Residents

- Lahey Health Behavioral Services
 - 1-800-281-3223
 - 24-hour service by Master's level clinicians/physicians specializing in psychiatric crises
- Emergency Services Program Mobile Crisis Intervention
 - 1-877-382-1609
 - Enter your zip code to get your local Emergency Services Program provider

Resources *for* MetroWest Residents

- Emergency Services Program Mobile Crisis Intervention
 - 1-877-382-1609
 - Enter your zip code to get your local Emergency Services Program provider
- Advocates Psychiatric Emergency Services
 - 1-800-640-5432
 - 24-hour service by Master's level clinicians and physicians specializing in psychiatric crises

Resources *for* Postpartum Depression

- Online PPD Support Group
 - ppdsupportpage.com
 - Resources and discussion forums
- PPD Moms National Warmline
 - 1-800-773-6667 (PPD-MOMS)
- Office on Women's Health
 - womenshealth.gov
 - Resources in English and Spanish

Resources *for* Older Adults

- NeedyMeds
 - 1-800-503-6897
 - Educates and empowers those seeking affordable healthcare
- 1-800-AGE-INFO
 - 1-800-243-4636
 - Assists consumers seeking information and resources on care services for older adults

Resources *for* Lawyers

- Contact your Lawyer Assistance Program (LAP)
 - LAP is different in every state
 - In Massachusetts:
 - Lawyers Concerned for Lawyers, Inc.
 - (617) 482-9600 or (800) 525-0210
 - email@lclma.org

Resources for the LGBTQ+ Community

- Trevor Project
 - Provides crisis intervention and suicide prevention services to LGBTQ+ young people under 25
 - <https://www.thetrevorproject.org/>
- Boston GLASS
 - Provides a continuum of services to LGBTQ+ youth of color and their allies in the Greater Boston and Greater Framingham area
 - <https://jri.org/services/health-and-housing/health/boston-glass>
- Boston BAGLY
 - Youth-led, adult-supported organization committed to programs, policies, and services for LGBTQ+ youth
 - <https://www.bagly.org>
- Trans Lifeline
 - Grassroots hotline and micro-grants organization offering direct emotional and financial support to trans people in crisis
 - <https://www.translifeline.org/about>
- Fenway Health
 - Medical center working to make life healthier for LGBTQ+ community, among other populations
 - <https://fenwayhealth.org/>
- Planned Parenthood
 - Delivers vital reproductive health care, sex education, and information to millions of women, men, and young people worldwide
 - <https://www.plannedparenthood.org>

Resources for Veterans

- Veteran Crisis Line
 - Dial 1-800-273-8255 and Press 1 to talk to someone
 - Send a text message to 838255
 - Confidential online chat at VeteransCrisisLine.net/Chat
- Online Resources
 - mentalhealth.va.gov/suicide_prevention/data.asp
 - afsp.org/our-work/advocacy/public-policy-priorities/support-military-and-veteran-suicide-prevention-priorities/

Resources for Postvention

- **Samaritans' Grief Support Services**
 - SafePlace meetings, Survivor to Survivor Visits, and information regarding grief after suicide
 - GSS@Samaritanshope.org
 - [Grief Support Services Request Form](#)
- **Riverside Trauma Center**
 - Critical incident services to community spaces following a traumatic event, including death by suicide
 - riversidetraumacenter.org or (781) 433-0672

Samaritans 24/7 Helpline
(877) 870-4673 (HOPE)

Call or Text
Free | Confidential | Anonymous



Be heard.

We are here to listen.
Hey Sam is a support line
for young people,
staffed by young people.
Available 9AM-9PM



text: 1-877-832-0890

