

2/18/2025

Trauma Training Tuesday

Virtual/Zoom

Third Tuesday of the Month

12:00 P.M.-2:00 P.M.

Racial Trauma's Impact on Young Black Men

Each year, Black male youth in the U.S. face rising levels of anxiety and depression—yet they are the least likely to seek help. This session explores the effects of racial trauma on Black male emerging adults, focusing on experiences like racial profiling, mental health struggles, and family connections. Dr. Ward will discuss ways to support the mental health and well-being of young men of color through youth-driven solutions.

Dr. Nadia Ward M.Ed., Ph.D., LP, is the Executive Director of the Mosakowski Institute for Public Enterprise and a Professor of Practice at Clark University. Previously, she was an Associate Professor of Psychiatry at Yale University, where she led initiatives in urban education, prevention research, and clinical training. With over 25 years of experience, Dr. Ward specializes in academic achievement for minority students, social-emotional learning, and urban school reform. Currently, she focuses on developing digital health technologies to support adolescent and young adult behavioral health.



Using the link below you should be able to join from a desktop, laptop, tablet, or phone at noon on February 18th. It will be recorded for later viewing. No need to RSVP to join, and please share!

Topic: Racial Trauma's Impact on Young Black Men

Time: February 18, 2025- 12:00 PM Eastern Time

Join Zoom Meeting

<https://us02web.zoom.us/j/81768933438?pwd=am9HZmxxSkg1TmRDTDBFRzZMzdjlnUT09>



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