

4/15/2025

Trauma Training Tuesday

Virtual/Zoom

Third Tuesday of the Month

12:00 P.M.-2:00 P.M.

Unpacking Trauma Narratives

Trauma changes the course of our lives. It can change how we see ourselves and how we view the world. Our brain is quick to imagine how much better our life may have been if things had only been different. We can get caught in the never-ending cycle of self-doubt, focusing on all the things we should have done differently. Dr. Crinean will zoom in from the UK to offer guidance on how to move forward from “what if” thinking and the brain science behind it.

Dr. Marcelle Crinean, is a Certified High Performance Coach.™ and Clinical Psychotherapist. She works with leaders to unlock their full potential whilst navigating the mental challenges of high stress environments. She also works with NPEs to help them make sense of their discovery, process complex emotions, and move forward with confidence. In 2021, she was honored to be selected by Brainz Magazine as one of “500 Companies and Influential Leaders recognized for their entrepreneurial success, achievements and dedication to helping others”.



Using the link below you should be able to join from a desktop, laptop, tablet, or phone at noon on April 15th. It will be recorded for later viewing. No need to RSVP to join, and please share!

Topic: Unpacking Trauma Narratives
Time: April 15, 2025- 12:00 PM Eastern Time

Join Zoom Meeting

<https://us02web.zoom.us/j/81768933438?pwd=am9HZmxxSkgyMTmRDTDBFRzZmZkdjlnUT09>



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