

# 10/20/2020

# Trauma Training Tuesday

Pandemic Virtual Edition

Third Tuesday of the Month

12:00 P.M.-2:00 P.M.

## BUILDING RESILIENT COMMUNITIES

The world continues to be a scary place for almost everyone. An estimated 50% of Americans are experiencing symptoms of Anxiety and/or Mood Disorders. Many are using substances to cope. The months ahead do not seem to hold much promise of relief. How will we get through? Reverend Aaron Payson will draw from his decades of experience helping traumatized communities rebuild and heal to offer us reasons to be hopeful.



### Rev Aaron

**Payson** is the justice centered minister of the Unitarian Universalist Church in Worcester. He is trained in crisis ministry and has responded to calls for help from around the country when there has been a critical incident due to natural disaster, community violence, suicide, and many other sources of trauma. He is known for being collaborative, inclusive, and highly involved in civic life.

**Topic: Building Resilience in Communities Experiencing Trauma**

**Time: October 20, 2020 12:00 PM Eastern Time (US and Canada)**

**Join Zoom Meeting**

<https://clarku.zoom.us/j/621730583>

**Meeting ID: 621 730 583**

**Using the link above you should be able to join from a desktop, laptop, tablet, or phone at noon October 20th. It will be recorded for later viewing as well. No need to RSVP to join, and feel free to share!**

### Participating Sponsors

Collaborative for Youth and Community Justice at Clark University, WAMS- Worcester Area Mission Society, Boys and Girls Club, OVC (Office of Victims of Crime) Grant partners, the SHINE Initiative, UMass Medical School, UMass Trauma Training Center, LIFT(Living in Freedom Together), Jana's Place, AIDS Project Worcester, Edward St Childcare Services, Everyday Miracles, Worcester Addresses Childhood Trauma, Veteran's Inc., ACE- African Community Education, South East Asian Coalition, WCAC, YOU Inc., South Bay Mental Health Services, Open Sky Community Services, City Of Worcester YVPI, Office of Youth Opportunities, Worcester DPH, Pathways for Change, Fresh Start, YWCA